



## Provent® Sleep Apnea Therapy

### Simply Effective

Provent Sleep Apnea Therapy is a simple and effective new treatment option for obstructive sleep apnea (OSA). Provent Therapy utilizes your own breathing to provide clinically proven results in the treatment of OSA. If you have been diagnosed with OSA and are noncompliant with your prescribed CPAP therapy, Provent Therapy just might be the answer for you.

### The Importance of Treatment

Untreated OSA can have a negative impact on your quality of life and may lead to other health problems such as high blood pressure, heart attack, stroke, diabetes and other medical conditions.

Untreated OSA can also lead to decreased energy levels, lack of motivation and depression and can have a negative impact on you and your sleep partner.

*"I've used CPAP, had surgeries and tried an oral device and none of them worked well for me. My sleep has definitely improved with Provent."—Bill*

### How Provent Therapy Works

The exclusive valve technology in the Provent nasal device utilizes your own breathing to create expiratory positive airway pressure (EPAP), which helps keep your airway open while you sleep.

### How It Works

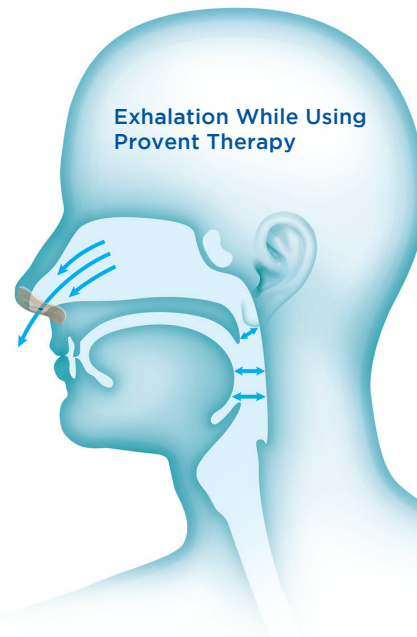


#### Inhalation

When you inhale, the MicroValve opens, allowing for nearly unobstructed airflow.

#### Exhalation

When you exhale, the MicroValve closes, restricting airflow to create EPAP and maintain pressure in the airway through the start of the next inhalation.



## Is Provent for You?

Ask your physician if Provent Therapy is right for you. Provent Sleep Apnea Therapy is for the treatment of obstructive sleep apnea (OSA). It is clinically effective across all severities of OSA—mild, moderate and severe. Provent Therapy is a prescription-only device and should be used only after consultation with a physician.

As with any OSA treatment, there are risks associated with device use and the device is not effective in all patients. For additional product and safety information, please refer to the instructions for use included with the device.

*"When I first had Provent prescribed, my doctor warned me that it takes a little getting used to. Breathing out felt awkward at first. It took two nights, but by the third night I didn't have the awkward feeling. My doctor was right—I tried it long enough to get used to it and it worked great! I'm very happy with how Provent has improved my sleep."—Marsha*